BEEF TACO SALAD

CUT AND COLLAGE

Color and cut the ingredients and bowl to create your own beef taco salad, and paste on a separate piece of paper.







Did you know? Missouri is home to 45,000 cattle farms. Farm families have a passion for raising the beef you eat. In fact, cows come first on the farm. What types of jobs do farmers have on the farm?



One serving of beef provides ten essential nutrients that help fuel body and mind!





After your taco salad, what other food groups do you need to eat from today?

